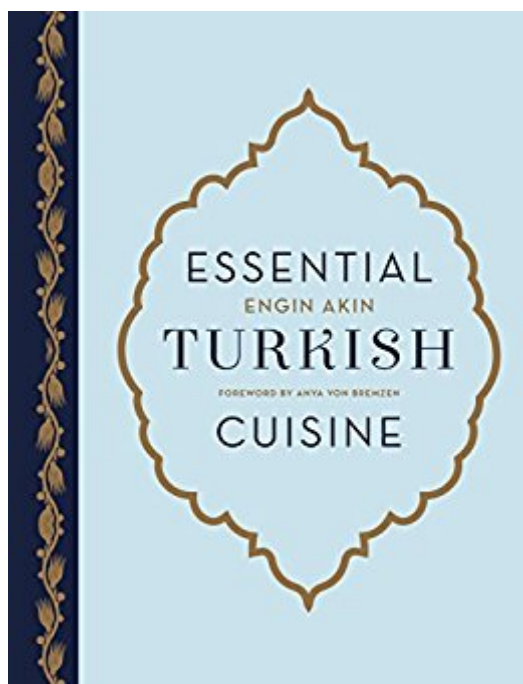


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# Essential Turkish Cuisine: 200 Recipes For Small Plates And Family Meals



## Synopsis

Engin Akin shares her culinary mastery and describes the evolution of Turkey's diverse culture of food in *Essential Turkish Cuisine*. Complete with 200 recipes found across the country, including traditional dolmas, kebabs, halva, and more, this definitive book offers rare insight into the myriad influences on modern Turkish cooking. Featuring a wide range of large and small plates—from Stuffed Peppers and Eggplant to Lamb with Quince, Fresh Sour Cherry Hosaf to Crepes with Tahini and Pekmez—Akin includes expert instruction for each dish. Through these recipes and the gorgeous photographs of Turkey's bustling markets, its food, and its traditions—Akin shares the country's rich heritage and brings the spirit of Turkey into your kitchen.

## Book Information

File Size: 21026 KB

Print Length: 272 pages

Publisher: Stewart, Tabori & Chang (October 6, 2015)

Publication Date: October 6, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B01522J2U4

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #302,199 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #7 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > European > Turkish #15 in Books > Cookbooks, Food & Wine > Regional & International > European > Turkish #79 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > European > Mediterranean

## Customer Reviews

From the Wife: This is a good cookbook, though not--I think--as wonderful as some other Turkish cookbooks--such as Ayla Algar's and Neset Eren's. Lots of nice pictures and, what I like best, blurbs about the origins of recipes on nearly every page. I've made many of these recipes--especially those with eggplant, and regret that we don't have Turkish eggplants in this country. What a

difference they would make in a recipe's success. For some reason, the copy I received came damaged. I kept it, but I wish all of 's books were carefully packaged.

The best cookbook to come along in a long time. Not only are the recipes delicious but surprisingly easy to execute. Instructions are clear and the history and provenance of each is explained and detailed. So is the explanation of ingredients and techniques. I've already marked all the dishes I'll be making, I'll be cooking from it for some time. Engin's personality comes through, her sense of humor and her love of life. The book is a delight!

This books not only incorporates the best the Turkish cuisine has to offer, but also gives a useful insight into the impact of cultural influence and interactions on the evolution of recipees that we sometimes take for granted. Not only a good cook book but also nice reading. Enjoy!

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